



## **F.E.A.S.T. Celebrates National Eating Disorders Awareness Week**

**Lord Fairfax Community College  
College Street  
Warrenton, VA 20187**

***Sunday, February 22, 3:00 PM, Room 203***

Eating disorders used to be thought of as hopeless and patients have been dismissed as disturbed or vain. Current science has clearly established that anorexia and bulimia are treatable brain disorders and neither the patient nor the family need carry guilt or blame.

In fact, there has never been more hope!

Families Empowered and Supporting Treatment of Eating Disorders is an international organization, but headquartered in Warrenton. Please join us at this brief informational event to include a short presentation: "Everything You Need to Know About Eating Disorders but You Were Too Uncomfortable to Ask" by Laura Collins, an author and frequent speaker on the topic. Cookies, punch, and an opportunity to ask questions to follow.

Guest appearance by Carrie Arnold, author of two books on eating disorder recovery and blogger at [www.ed-bites.blogspot.com](http://www.ed-bites.blogspot.com)

This event is being held in honor of National Eating Disorders Awareness Week, February 22-28, 2009.

For more information on Families Empowered and Supporting Treatment of Eating Disorders:

[www.FEAST-ED.org](http://www.FEAST-ED.org) [info@FEAST-ED.org](mailto:info@FEAST-ED.org) or call (540) 227-8518.